



MESN Trending Topic

Heart Failure Diagnosis and Management

If your medical staff sees patients suffering from or at risk for heart failure, consider contacting our office to book a speaker on this topic at 877-505-4777 or info@speakersnetwork.com.

What is the problem (C2)?

Heart Failure is a major public health problem, affecting over 5.8 million people in the United States. Heart Failure is associated with significant mortality, morbidity and healthcare expenditures. Risk factors for heart failure include coronary heart disease, high blood pressure, diabetes, smoking, eating foods in high fat, and not getting enough physical activity. Despite focused efforts on the part of physicians and health systems, patient outcomes remain poor and 30-day re-admission rates remain high. When evidence-based care is provided during the initial stay, readmission rates are reduced. Thus, physicians may have a knowledge gap regarding the medical and other therapies for acute and chronic heart failure which, if closed, could improve patient outcomes.

How do we know this is a problem (C2)?

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3806290/>

https://www.cdc.gov/dhdsdp/data_statistics/fact_sheets/fs_heart_failure.htm

<http://heartfailure.onlinejacc.org/content/5/5/393>

Why does this problem exist? (C2)

X Lack knowledge about the problem(s)

X Lack strategies to apply knowledge to practice (competence)

What do attendees need? (C2)

Participants need education on diagnosis and evidence-based management of heart failure.

Learning Objectives (C3)

At the conclusion of this activity, the learners will be able to:

1. Define heart failure
2. Identify expected outcomes for therapeutic management of patients with heart failure
3. Recognize expected clinical assessment findings for patients with heart failure
4. Review the evidence for medications used to treat heart failure
5. Counsel patients about compliance with diet and treatment plans, taking into consideration their cultural diets and health literacy level **(IMQ's CLC requirement)**
6. Recognize when to refer to hospice and palliative care

Educational Delivery Method (C5):

- ❑ Didactic lecture
- ❑ Question and answer session
- ❑ Case presentations

Rationale for Delivery Method (C5):

- ❑ Knowledge conveyed in a short time
- ❑ Application of knowledge to potential practice

Professional Competencies (C6):

- ❑ **Patient Care** - Provide care that is compassionate, appropriate and effective treatment for health problems and to promote health.
- ❑ **Medical Knowledge** - Demonstrate knowledge about established and evolving biomedical, clinical and cognate sciences and their application in patient care.
- ❑ **Interpersonal and Communication Skills** - Demonstrate skills that result in effective information exchange and teaming with patients, their families, and professional associates (e.g., fostering a therapeutic relationship that is ethically sound, uses effective listening skills with non-verbal and verbal communication; working as both a team member and at times as a leader).

SPEAKERS ARE AVAILABLE FOR ONLINE ACTIVITIES

Our speakers are available for web-based activities as well as in-person activities. Our speakers can also produce pre- and post-test questions if your organization requests for compliance with the AMA's assessment requirement for online activities.