

MEDICAL EDUCATION

SPEAKERS NETWORK

ESTD **96** DATE

MESN Trending Topic

Migraines

If your medical staff sees patients suffering from migraines, consider contacting our office to book a speaker on this topic at 877-505-4777 or info@speakersnetwork.com.

What is the problem (C2)?

A migraine is the 3rd most prevalent illness in the world. 12% of the population, including children, suffers from migraine, and more than 4 million people have chronic daily migraine, with at least 15 migraine days per month. Migraine is most common between ages 25 and 55 and affects three-times as many women as men, most likely due to hormones. The US Food and Drug Administration (FDA) recently approved the first-in-class drug for migraine prevention. The once-monthly self-injectable drug provides patients with a novel option for reducing the number of days with migraine. Three other similar treatments are on their way to approval as well. Healthcare professionals should be aware of the emerging therapies available to discuss with and potentially prescribe to their patients suffering from migraines.

How do we know this is a problem (C2)?

<http://migraineresearchfoundation.org/about-migraine/migraine-facts/>
<https://www.migrainetrust.org/about-migraine/migraine-what-is-it/facts-figures/>
<https://www.medscape.com/viewarticle/896851>

Why does this problem exist? (C2)

X Lack knowledge about the problem(s)

X Lack strategies to apply knowledge to practice (competence)

What do attendees need? (C2)

Participants need education on prevention, diagnosis, and management of migraines.

Learning Objectives (C3)

At the conclusion of this activity, the learners will be able to:

1. Learn how to appropriately and effectively diagnose and treat migraines
2. Evaluate emerging therapies for the treatment and prevention of chronic migraine headache and anticipate their place in therapy
3. Identify migraine management issues specific to women and pediatric patients **(IMQ's CLC requirement)**
4. List migraine risk factors and how to avoid them, including diet and lifestyle modifications

Educational Delivery Method (C5):

- ❑ Didactic lecture
- ❑ Question and answer session
- ❑ Case presentations

Rationale for Delivery Method (C5):

- ❑ Knowledge conveyed in a short time
- ❑ Application of knowledge to potential practice

Professional Competencies (C6):

- ❑ **Patient Care** - Provide care that is compassionate, appropriate and effective treatment for health problems and to promote health.
- ❑ **Medical Knowledge** - Demonstrate knowledge about established and evolving biomedical, clinical and cognate sciences and their application in patient care.
- ❑ **Interpersonal and Communication Skills** - Demonstrate skills that result in effective information exchange and teaming with patients, their families, and professional associates (e.g. fostering a therapeutic relationship that is ethically sound, uses effective listening skills with non-verbal and verbal communication; working as both a team member and at times as a leader).

SPEAKERS ARE AVAILABLE FOR ONLINE ACTIVITIES

Our speakers are available for web-based activities as well as in-person activities. Our speakers can also produce pre- and post-test questions if your organization requests for compliance with the AMA's assessment requirement for online activities.