

# MEDICAL EDUCATION

## SPEAKERS NETWORK

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### TRENDING MEDICAL EDUCATION TOPIC

## Medical Management of Obesity: Risk and Benefits

If your medical staff needs an update on managing obesity, consider contacting our office to book a speaker at 877-505-4777 or [info@speakersnetwork.com](mailto:info@speakersnetwork.com).

### What is the problem?

Obesity is a common, serious, and costly disease. In the United States, the obesity prevalence is approximately 42%, and the severe obesity prevalence is 9.2%. Obesity is a risk factor for heart disease, stroke, type 2 diabetes, and certain types of cancer. The treatment of obesity is evolving as a new class of medications- GLP1 analogues- have been approved for the treatment of obesity. Their efficacy has led to widespread use necessitating a greater understanding of indications, contraindications, use and adverse effects. Understanding the evidence-based use of these medications is critical to treating patients with obesity.

### Learning Objectives

1. Understand the pathophysiology of obesity
2. Understand the role of diet, exercise and sleep in weight management.
3. Learn the current FDA-approved anti-obesity pharmacotherapy
4. Learn how to effectively employ anti-obesity pharmacotherapy in the clinical setting for the treatment of overweight and obesity.
5. Understand how weight bias impacts patient morbidity, mortality and access to care

### How do we know this is a problem

<https://www.cdc.gov/obesity/data/adult.html>

[Risks of Ozempic, Wegovy and Other Weight Loss Drugs for People Over 65 - The New York Times \(nytimes.com\)](https://www.nytimes.com/2018/05/29/health/weight-loss-drugs-ozempic-wegovy.html)

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