

MEDICAL EDUCATION

SPEAKERS NETWORK

ESTD **96** DATE

TRENDING MEDICAL EDUCATION TOPIC

Urinary Incontinence

If your medical staff needs an update on diagnosing and treating urinary incontinence, consider contacting our office to book a speaker on this topic at 877-505-4777 or info@speakersnetwork.com.

What is the problem?

Urinary incontinence is an underdiagnosed and underreported problem that increases with age and is more than twice as common in females than in males. A quarter to a third of men and women in the United States suffer from urinary incontinence. There are four types of urinary incontinence, including stress, urge, mixed, and functional. Successful treatment of urinary incontinence must be tailored to the specific type and its cause. Patients may be reluctant to initiate discussions about their incontinence due to embarrassment, lack of knowledge about treatment options, and/or fear of surgery. A new clinical guideline from the Women's Preventive Services Initiative (WPSI) recommends annually screening all women for urinary incontinence. Healthcare professionals should know how to assess urinary incontinence and when to refer women for further evaluation or treatment.

Learning Objectives

1. Cite the causes and types of urinary incontinence
2. Diagnose and evaluate female urinary incontinence
3. Implement an appropriate management plan, both surgical and non-surgical
4. Describe the benefits, complications, cost, and evidence-based outcome data of treatment options
5. Utilize information related to cultural, ethnic, and socioeconomic disparities and maintain sensitivity to the patient perspective.

How do we know this is a problem?

<https://emedicine.medscape.com/article/452289-overview>

<https://www.urologyhealth.org/urologic-conditions/urinary-incontinence>

<https://www.uptodate.com/contents/evaluation-of-women-with-urinary-incontinence>

<https://www.medscape.org/viewarticle/901760>

<https://www.womenspreventivehealth.org/recommendations/screening-for-urinary-incontinence/>