

MEDICAL EDUCATION

SPEAKERS NETWORK

ESTD  DATE

MESN Trending Topic Suicide Prevention

If your medical staff sees patients at risk for suicide, consider contacting our office to book a speaker on this topic at 877-505-4777 or info@speakersnetwork.com.

What is the problem (C2)?

Suicide is a major public health problem and the 10th leading cause of death in the United States. Suicide rates have been rising in nearly every state over the past two decades. On average, there are 123 suicides a day, and for every suicide, there are 25 attempts. The National Action Alliance for Suicide Prevention has recently released the first-ever recommendations for improving standard care for individuals at risk for suicide. These recommendations include screening for high risk patients, developing an intervention and “safety plan” and timely follow-up. Primary care providers have been identified as one of the key potential gatekeepers in suicide prevention efforts, and should be up to date on suicide risk and intervention.

How do we know this is a problem (C2)?

<https://www.cdc.gov/media/releases/2018/p0607-suicide-prevention.html>

<https://afsp.org/about-suicide/suicide-statistics/>

https://www.medscape.com/viewarticle/895375?nlid=121912_4503&src=wnl_dne_180419_ms_cpedit&uac=143831FT&impID=1611281&faf=1

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5311887/>

<https://www.npr.org/sections/health-shots/2018/06/07/617897261/cdc-u-s-suicide-rates-have-climbed-dramatically>

Learning Objectives (C3)

At the conclusion of this activity, the learners will be able to:

1. Review current practice gaps in recognizing suicide in primary care settings
2. Appreciate warning signs vs risk factors for suicide
3. Identify areas where there is scope for intervention for known risk factors for suicide
4. Outline a stepwise approach, incorporating evidence-based recommendations, for evaluation of suicidal ideation, plan, means, intent in order to assess suicide risk
5. Consider how cultural aspects may affect prevalence, diagnosis, treatment plans, etc. and navigate these issues effectively

What do attendees need? (C2)

Participants need education on screening and development of treatment plans for patients at risk for suicide.

Why does this problem exist? (C2)

X Lack knowledge about the problem(s)

X Lack strategies to apply knowledge to practice (competence)

Educational Delivery Method (C5):

- Didactic lecture
- Question and answer session
- Case presentations

Rationale for Delivery Method (C5):

- Knowledge conveyed in a short time
- Application of knowledge to potential practice

Professional Competencies (C6):

- **Patient Care** - Provide care that is compassionate, appropriate and effective treatment for health problems and to promote health.
- **Medical Knowledge** - Demonstrate knowledge about established and evolving biomedical, clinical and cognate sciences and their application in patient care.
- **Interpersonal and Communication Skills** - Demonstrate skills that result in effective information exchange and teaming with patients, their families, and professional associates (e.g. fostering a therapeutic relationship that is ethically sound, uses effective listening skills with non-verbal and verbal communication; working as both a team member and at times as a leader).

SPEAKERS ARE AVAILABLE FOR ONLINE ACTIVITIES

Our speakers are available for web-based activities as well as in-person activities. Our speakers can also produce pre- and post-test questions if your organization requests for compliance with the AMA's assessment requirement for online activities.