MEDICAL EDUCATION
SPEAKERS NETWORK

ESTD '96 DATE

HEALTH AWARENESS FEATURED TOPIC

Alcohol Use Disorder

If your medical staff needs an update on alcohol use disorder diagnosis and management, consider contacting our office to book a speaker on this topic at 877-505-4777or info@speakersnetwork.com.

What is the problem?

An estimated 14.1 million adults, ages 18 and older, in the United States have alcohol use disorder (AUD). Alcohol use disorder is diagnosed as problem drinking that becomes severe, characterized by compulsive alcohol use, loss of control over alcohol intake, and a negative emotional state when not using. Men are more likely than women to drink excessively- in 2019, 7% of men had an alcohol use disorder, compared with about 4% of women. The American Psychiatric Association (APA) recently published a new practice guideline on the treatment of AUD, focusing specifically on evidence-based pharmacological treatments. They include statements related to evidence-based psychotherapeutic treatments, such as cognitive-behavioral therapy, 12-step facilitation, and motivational enhancement therapy. Physicians should be aware of and utilize this new guideline to bring effective, evidence-based treatments for alcohol use disorder to their patients. Participants need education on assessing and treating patients with alcohol use disorder.

Learning Objectives

After this activity, the learners will be able to:

1. Describe the epidemiology of Alcohol Use Disorder (AUD) and outline current and evolving diagnostic criteria
2. Describe challenges to the successful identification of patients with AUD
3. Identify the treatment modalities currently available for management of AUD and apply them to patient cases using evidence-based medicine
4. Develop strategies for recognizing and improving therapeutic adherence in patients treated for AUD

How do we know this is a problem?

https://www.psychiatry.org/newsroom/news-releases/apa-releases-new-practice-guideline-on-treatment-of-alcohol-use-disorder

Understanding Alcohol Use Disorder | National Institute on Alcohol Abuse and Alcoholism (NIAAA) (nih.gov)

https://www.cdc.gov/alcohol/fact-sheets/mens-health.htm