

# MEDICAL EDUCATION

## SPEAKERS NETWORK

ESTD **96** DATE

### TRENDING MEDICAL EDUCATION TOPIC

## Diabetes

If your medical staff needs an update on diabetes, consider contacting our office to book a speaker on this topic at 877-505-4777 or [info@speakersnetwork.com](mailto:info@speakersnetwork.com).

### What is the problem

In the United States, over 100 million adults are living with diabetes and pre-diabetes. According to the latest CDC report, approximately 10.5% of the population had diabetes, and 34.5% had pre-diabetes. Diabetes puts people at risk of stroke, heart disease, kidney failure, and other health issues. Men develop Type II diabetes slightly more than women do, causing urological and sexual problems in men that include low testosterone, overactive bladder and erectile dysfunction. In early 2020, the American Diabetes Association (ADA) published a new abridged version of standards of care in diabetes for primary care physicians (PCPs). Because most patients with diabetes are cared for by their primary care doctors, Healthcare providers need to have resources to provide the best possible patient care. The report focuses on diabetes care concepts, including patient-centeredness, diabetes across the life span, and advocacy for patients with diabetes. Primary care providers need to incorporate these new guidelines into their practice.

### Learning Objectives

1. Identify the importance of early diagnosis and treatment of diabetes
2. Discuss the updated guidelines and protocols for treating a patient with diabetes
3. Describe the new medications and their mechanism of action (MOA),
4. Appropriately prescribe new medications when using combination therapy
5. Compare the safety and efficacy of diabetes therapies in patients with Type 2 Diabetes
6. Identify patients at higher risk of diabetes based on age, gender, ethnicity, and/or family history

### How do we know this is a problem

[https://www.cdc.gov/diabetes/data/statistics-report/index.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fdiabetes%2Fdata%2Fstatistics%2Fstatistics-report.html](https://www.cdc.gov/diabetes/data/statistics-report/index.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fdiabetes%2Fdata%2Fstatistics%2Fstatistics-report.html)

<https://www.keckmedicine.org/how-type-2-diabetes-affects-men/>

<https://clinical.diabetesjournals.org/content/38/1/10>