# MEDICAL EDUCATION
## SPEAKERS NETWORK

ESTD '96 DATE

**TRENDING MEDICAL EDUCATION TOPIC**

## Fatty Liver

If your medical staff needs an update on managing patients with fatty liver, consider contacting our office to book a speaker on this topic at 877-505-4777 or info@speakersnetwork.com.

**What is the problem**

Fatty liver is the most common chronic liver condition in the United States, affecting up to 25% of Americans. Most cases of fatty liver are found in people between ages 40 and 60. Fatty liver can become harmful to the liver if its underlying cause isn't recognized and treated. Non-alcoholic fatty liver disease (NAFLD) and its progressive form, non-alcoholic steatohepatitis (NASH) are the most common causes of chronic liver disease in industrialized countries, including liver cirrhosis, hepatocellular carcinoma, and liver failure. The prevalence of NAFLD in the United States is increasing, owing to a rising incidence of obesity and type 2 diabetes mellitus. Physicians need the most up-to-date tools to diagnose, treat and manage their adult and pediatric patients' care since fatty liver is frequently under-recognized in the primary care setting.

**Learning Objectives**

1) Review epidemiology, risk factors and differentiating features of simple steatosis and non-alcoholic steatohepatitis
2) Understand pathogenesis and potential targets for the treatment of non-alcoholic steatohepatitis
3) Identify both hepatic and non-hepatic complications of fatty liver

**How do we know this is a problem**

https://liverfoundation.org/for-patients/about-the-liver/diseases-of-the-liver/nonalcoholic-steatohepatitis-information-center/nash-definition-prevalence/
https://www.medscape.com/viewarticle/814180
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5767767/#:~:text=Prevalence%20in%202030%20is%20estimated,every%201.0%20among%20female%20individuals